

**Behavioral Health Support Groups** – *A Support Group is a gathering of people with similar situations who meet regularly to share their concerns and victories with others in the group.*

### **Anonymous Support Groups**

Adult Children of Alcoholics in Knoxville 865-850-8792 (Phillip)  
Alcoholics Anonymous 865-522-9667 – [www.etiaa.org](http://www.etiaa.org), [www.aa.org](http://www.aa.org)  
Al-Anon/Alateen Family Group 865-525-9040 – [www.tn-al-anon.org](http://www.tn-al-anon.org)  
Dual Recovery Anonymous – [www.draonline.org](http://www.draonline.org)  
Overeaters Anonymous – [www.smokymtnintergroup.oagroups.org](http://www.smokymtnintergroup.oagroups.org)  
Narcotics Anonymous 1-866-617-1710 – [www.knoxvillena.org](http://www.knoxvillena.org)

**Alzheimer's Support Group** Maryville 865-984-1660 x 3000

### **Anger Management**

Women's Anger Management - 865-246-1100 x100 – Court Certified  
Men's Batterers Intervention Program - 865-246-1100 x100 – Court Certified  
True Purpose Ministries – 865-681-4861 – Court Certified  
Anger Management @ Recovery Education Center – 865-374-7151

**Autism Support Group** For parents of Children with Special Needs - 865-983-2080

**Bipolar Support Group** Knoxville - Laura 865-545-3008

**Cancer – Families Facing Cancer** – for children and families - 865-233-3090 – [www.manesupport.org](http://www.manesupport.org)

**Caregiver Support Group** for any adult caring for another adult 865-977-5744

**Celebrate Recovery** - has a variety of Support Groups: Co-dependency; Chemical Dependency: Men Only or Women Only; Family Support; Sexual Integrity for Men, Grief and Loss, Precovery (age 5-11), etc. Go to [www.celebraterecovery.com](http://www.celebraterecovery.com) to "Find a Group" near you, or

Recovery @ Maryville 865-982-1273 - [www.RecoveryatMaryville.com](http://www.RecoveryatMaryville.com)

RIO (Maryville) 865-659-5800

Recovery @ Cokesbury (Knoxville) 865-246-0445 – [www.RecoveryatCokesbury.com](http://www.RecoveryatCokesbury.com)

**Divorce Support Group** – 865-982-6070 – Spring and Fall Sessions

**Domestic Violence Support Group** – women only 865-982-1087; [www.havenhousetennessee.org](http://www.havenhousetennessee.org)

**Eating Disorders – Moonpointe** – 865-622-7116 - separate Support Groups for the person with eating disorders and the family members of that person – [www.focustreatmentcenters.com](http://www.focustreatmentcenters.com)

**Gambling** – 865-541-6676 ext 3018, Helen Ross McNabb Center

**Grief Support Group** information numbers

#### **For Widows and Widowers**

Adult Grief Group with Emily 865-977-5702

Adult Grief Group with Alice 865-856-2570

Care and Share with Lisa 865-983-1000 – first Wednesday monthly

Gift of Grief 865-982-6070 –third Thursday monthly

**Compassionate Friends** - Parents who have lost a child at any age 865-984-4223,

[tcffoothills@bmnet.com](mailto:tcffoothills@bmnet.com), [www.compassionatefriends.com](http://www.compassionatefriends.com)

**Mane Support** – 865-233-3090 [www.manesupport.org](http://www.manesupport.org) - No Riding – for Grievors of all ages

**Pet Loss Support Group** – UT Veterinary Medicine 865-755-8839, [www.vet.utk.edu/socialwork](http://www.vet.utk.edu/socialwork)

**Suicide Grievors Support Group** – for family and friends 865-671-9631 - Knoxville

**Survivors of Suicide** – for those left behind 865-984-4223 - Maryville, [sos@bmnet.com](mailto:sos@bmnet.com)

**Men's Sexual Abuse and/or Assault Survivors**– Sexual Assault Center – 865-558-9040 (led by a male)

**Parents of Adult Children Support Group** – 865-984-4223, [pac@bmnet.com](mailto:pac@bmnet.com)

**Parents of Special Needs Children** – Dream New Dreams – 983-2080

**Stroke Survivors Support Group** – 865-980-7140 – at Springbrook

**With Hope in Mind (NAMI Maryville)** – for caregivers of the mentally ill - 865-579-5165 (Kim)

**Wellness Recovery Center** – Mental Health Classes and Activities for Adults. Free Transport 379-6030

## **Crisis Hotlines**

1-855-CRISIS-1 (1-855-274-7471) – Mental Health and Substance Use Crisis Services in TN  
1-800-273-TALK (1-800-273-8255) – [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org), [www.TSPN.org](http://www.TSPN.org)  
1-800-SUICIDE (1-800-784-2433) – [www.JasonFoundation.com](http://www.JasonFoundation.com)  
Adult Mobile Crisis 865-539-2409  
Youth Mobile Crisis 866-791-9224  
Child Abuse and Neglect Reporting Hotline 1-877-237-0004  
Contact CareLine of East TN 865-584-4424 (8am – 11pm)  
Domestic Violence – Haven House – Maryville 865-982-1087 [www.havenhousetennessee.org](http://www.havenhousetennessee.org)  
Domestic Violence – National 1-800-799-SAFE (1-800-799-7233) – [www.ndvh.org](http://www.ndvh.org)  
Family Promise – Shelter for Homeless Families 865-233-4737 [www.blountfamilypromise.org](http://www.blountfamilypromise.org)  
Pregnancy Resource Center 865-977-8378 – [www.prcbctn.com](http://www.prcbctn.com)  
Pregnant Teens 865-602-2956 – ask for Richelle  
Runaway Hotline 1-800-run-away (1-800-786-2929) – [www.1800runaway.org](http://www.1800runaway.org)  
Sexual Assault Center – Crisis Line 1-865-522-7273 - [www.sacetn.org](http://www.sacetn.org) 865-558-9040 info line  
Self Injury – 1-800-DONTCUT (800-366-8288) – [www.selfinjury.com](http://www.selfinjury.com)  
Teen Suicide – Text “Life” to “839863” or go to [www.txt4life.org](http://www.txt4life.org) or call 1-800-273-8255  
Trafficking – Natl Human Trafficking Resource Ctr 1-888-3737-888 – [www.polarisproject.org](http://www.polarisproject.org)  
Veterans Crisis Line – 1-800-273-8255 – [www.maketheconnection.net](http://www.maketheconnection.net)

## **Advocacy Help-lines and Other Resources**

Adult Protective Services 865-594-5685  
Autism Society of America in ETN – [www.asaetc.org](http://www.asaetc.org) – 865-247-5082  
Bipolar (DBSA = Depression and Bipolar Support Alliance) – [www.dbsalliance.org](http://www.dbsalliance.org) –  
1-800-826-3632  
Bullying – [www.stopbullying.gov](http://www.stopbullying.gov) or [www.findyouthinfo.gov](http://www.findyouthinfo.gov)  
Child Protective Services 1-877-237-0004  
ChildNet – counseling and psychiatric medications for ages 2-18 - 865-681-6990  
Child and Family Services – Blount County - has a variety of free services: Therapy, Parenting,  
Child Abuse, Substance Abuse, Domestic Violence, etc. - 865-983-9390  
Child and Family Services - Knox County 865-524-7483  
Mental Health Association of East Tennessee – provides free screenings, workplace  
programs, free speakers, and technical assistance 865-584-9125 – [www.mhaet.com](http://www.mhaet.com)  
National Alliance on Mental Illness (NAMI) – [www.namitn.org](http://www.namitn.org)  
Maryville – 865-579-5165; or Knoxville – 865-602-7807  
New Hope – Blount County Children’s Advocacy Center 865-981-2000 – [www.blountkids.org](http://www.blountkids.org)  
Substance Abuse and Treatment Referral Information 1-800-662-4357  
Surviving Suicide Loss – American Foundation for Suicide Prevention – 1-888-333-AFSP (2377)  
– [www.afsp.org](http://www.afsp.org)  
Teen Suicide Prevention – 1-800-SUI-CIDE (1-800-784-2433) – [www.JasonFoundation.com](http://www.JasonFoundation.com)  
Tennessee Mental Health Consumers Association 1-888-539-0393 - [www.tmhca-tn.org](http://www.tmhca-tn.org)  
Tennessee REDLINE – 1-800-889-9789 – Addiction Treatment Referral Line  
TN Voices for Children 865-523-0701- [www.TNvoices.org](http://www.TNvoices.org)  
True Purpose Ministries – 865-681-4861 – Christian-based Male Residential, learn a trade –  
[www.truepurposeministries.com](http://www.truepurposeministries.com)  
Veterans – Homeless – 1-800-VET-HELP (1-800-838-4357)  
Youth Topics – [www.findyouthinfo.gov](http://www.findyouthinfo.gov) – 20 topics with information and links